

Animal Communication Basics

Course Outline

Module One: Demystifying Animal Communication

How it's not unique, not a "gift", but is instead a natural ability that can be uncovered, remembered and developed.

Module Two: Telepathy

What it is and it's role in Animal Communication

Module Three: The "Clairs"

The extrasensory skills of clairaudience, clairsentience, clairvoyance, clairience, claircognizance and clairgustance. What they are, how to find which ones are dominant for you and how to incorporate them in Animal Communication. (Expanded lessons on this topic including development exercises can be found in the Tuning Into Your Intuition course).

Module Four: Discovering Your Communication Style

Why it's important to know your own style in "normal" communication before attempting Animal Communication.

Module Five: Frequency and Energy

How understanding your personal frequency and the energetic frequency of your home benefits clear communication.

Module Six: Brain Waves

The science behind "fight or flight" mode, how it impacts your ability to communicate and how to find the sweet spot in your brain wave patterns to make a stronger connection.



Module Seven: Brain and Heart Coherence

Why synchronizing these two powerful organs can help you communicate.

Module Eight: The AWARE Method for Conscious Connection

A 5-step template you can use to assist you in strengthening your communication abilities.

Module Nine: Relaxation and Meditation Techniques

How to set yourself up for success as a beginner by creating optimal conditions for yourself.

Module Ten: Development Preparatory Exercises

Activities to take what we've learned so far and strengthen our abilities to maintain a clear mind, use our clairsenses and ensure that our thoughts, mental images and messages match what we are communicating outward.

Module Eleven: Techniques to Connect

We don't all work in the same way, so I teach multiple techniques for you to communicate with your pet.

Module Twelve: Troubleshooting and Possible Roadblocks to Success

What could potentially get in your way during communicating with your pets.

